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The Hyde Weekly #2: Learning Through Action and Reflection

1 message

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The Hyde Weekly

This is an informal e-communication from the Hyde School campus, intended to share highlights, signs of growth, issues that are being addressed, and moments of joy. Its purpose is to bring the Hyde School parents and the larger community into the school culture.

All Topics, All Together!

In the traditional education system, the primary learning focus is on the teacher and her delivery of content. The student has often been trained to sit passively and receive instruction in a respectful way. At Hyde, we encourage learning through action and then reflection. The weekly school meeting is a place where the entire community comes together to discuss the issues facing the world, our own school and, of course, ourselves.

Last week, the seniors and faculty set the tone by sharing some journaling they had done. Some of the journal prompts and entries were:

Identify an aspirational goal or vision that I have for my life. Why is this important to me and how does it connect to my unique potential?

- *"playing college athletics"*
- *"starting my own business"*
- *"having a strong year of leadership"*
- *"working on my relationship with my Dad"*

Identify a challenge or struggle that has affected me. What have I learned or gained as a result of this?

- *"having a health issue that made me feel different has given me humility"*
- *"losing a parent when I was younger was a real challenge"*
- *"getting injured in college soccer made me have to redefine my view of myself"*
- *"I lacked confidence before I came to Hyde, and tackling this has helped me be more of a leader"*

This week, the Hyde founder, Joey Gauld, taught the school the importance of maximizing leadership potential by using your "playground" voice when speaking in public. The points Joey shared included:

- While eventual college acceptance is important at Hyde, the most important goal is to connect to one's best and learn to be in that top 10% of the world who make a difference.
- Public speaking is often cited as the number one fear of humans.
- When on a path to discover one's unique potential, sometimes it is important to let your passion find you as opposed to the other way around.
- Traditional schooling encourages passive sitting and, thus, passive speaking, while the playground encourages loudness and interaction.
- To tap into your playground voice, learn to breathe deeply through your gut and project your voice out through your whole body.



Joey presents "Secrets to Becoming a Public Speaking Rock Star" at the school meeting

Students split up into small groups, and they all practiced activating their playground voices by rehearsing with the following statement:

"Now is the time for all good people to come to the aid of their country!"

The students practiced this first in smaller groups, and then a group summoned the courage to perform in front of the entire assembly and fully embrace their power as speakers. It was powerful to see students get out of their comfort zone and be applauded for taking a risk with their voices and their presence. Only @ Hyde!



Laura D. Gauld

Laura D. Gauld
President & Head of School

Football Team Reaches New Heights

By Faculty Justin Siekierski



The team engages in various team building exercises on and off the Ropes Course

The Hyde Football team began this season just like every other Hyde sports team, tackling the challenges of long practices, new teammates, and the fond memory of summer.

The team was in need of a spark as the grind of practice began to reveal some of the underlying attitudes on the team. To change the pace of practice, the team was given a different challenge to tackle: the new ropes course. After personally completing the training the previous week, I knew this was the right challenge to get us heading in a positive direction. It was an opportunity to look at ourselves as a team with a singular purpose compared to individuals with differing motivations.

As the team arrived, it was clear the nerves and adrenaline were running high. Many of our players had doubts about the activity. However, it was clear as the exercise continued that the team would greatly benefit from the chemistry and problem solving needed to complete each of the challenges.

People were tested and teammates supported and challenged each other to strive for their best. **Aaron Starks 'PG** was not overly excited about stepping outside of his comfort zone when it came to conquering his fear of heights. Despite his reservations, Starks knew he wasn't going to quit and that his teammates were there to support him. "Teammates pushing each other, helping each other, and motivating each other to get the job done. That's what I got out of it," said Starks.

The Hyde Football team takes the field for the first time this Saturday (9/15) against Hebron in a scrimmage at home.

View Photos from Team Building

When in Rome!

By Faculty Donna Dubinsky



History students get to experience creating ceiling artwork

Monday in AP European History, the students got a taste of what Michelangelo felt while painting the Sistine Chapel in Vatican City in the early 1500s. The students were timed to color their masterpieces taped above them for seven minutes, as it took Michelangelo seven years to paint the ceiling. It only took 40 seconds before they began to feel the effects on their arms and neck. They gained an appreciation for what the famed Renaissance artist endured.

Postgraduate Program Guest Lecture Series



Head of School Laura Gauld is the first guest lecturer

The 2018-2019 academic year has brought an exciting new look to how we approach the PG (postgraduate) year at Hyde School.

In partnership with the University of Southern Maine, qualified students have the opportunity to take college classes at the school's Portland Campus. This allows them the ability to start building a college transcript and prepare themselves for the rigors of college while still receiving the support that prep school provides.

In addition to offering PG students the ability to take college courses, we have also introduced a guest lecturer series here on the Hyde campus to give students a broader depth to their academic experience.

The guest list is composed of veteran Hyde faculty, alumni, local community leaders, and professionals from around the country.

The inaugural guest speaker was none other than our own Head of School, Laura Gauld. Mrs. Gauld took the time to talk to students about developing and utilizing one's Unique Potential.

In speaking with the class she detailed three steps in this process:

1. Develop Character
2. Discover a Deeper Purpose
3. Go Out and Make a Difference

The next guest speakers were Lori Cooke and Mary Moore, who talked about Hyde's Biggest Job Parenting Program. Coming up, students will get to hear from community leader Jeff Hobart, a relative of Hyde's Chris Hobart, who will present on the profession of law. Mr. Hobart is a partner at Covington and Burling located in Washington, DC.

If you would like to be a guest speaker, or know of someone else who might be interested, please contact Christ Kidger at ckidger@hyde.edu or (978) 302-7809.

A note from the Alumni & Development Office

The logo for the Hyde Strong Annual Fund features the words "HYDE STRONG" in a large, bold, dark blue sans-serif font. A stylized graphic of a paintbrush with a yellow handle and a blue and yellow bristle tip is positioned behind the letters, appearing to have just finished painting the text. Below "HYDE STRONG", the words "ANNUAL FUND" are written in a smaller, dark blue, all-caps sans-serif font with wide letter spacing.

HYDE STRONG

ANNUAL FUND

Each year the Annual Fund provides approximately 11% of the operating budget, providing funding where it is needed most and making an impact today on the students at Hyde.

The participation of every member of the Hyde community is a measure of confidence and a show of gratitude for what our school is offering to students and their families – Hyde's unique Family-Based Character Education. If alumni, families, members of the faculty and staff, grandparents and friends contribute generously, according to their ability, Hyde will continue to thrive.

Please consider a gift to the 2018-2019 Hyde Annual Fund and show your support for our school!

Thank you!

Give Today

Not to Miss

- Gallery: [Football Team Building at the Ropes Course](#)
- Gallery: [Lacrosse Team Take to the Ropes](#)
- Gallery: [Boys Junior Varsity Soccer first home game](#)
- Gallery: [Preseason](#)
- Photo: [Students first day on the USM campus](#)
- Live Recording: [Boys Varsity Soccer takes on Brewster Academy](#)
- [Parenting Center on hyde.edu](#)
- Portland Press Herald article by Joey G: [Maine Voices: The right school culture, not academic proficiency, best prepares students for life](#)
- Malcolm's Blog: [BK - 10 Points for Seniors](#)
- Parenting: The Biggest Job: [Caroline Knorr – How to raise a happy kid in the digital age](#)
- Hyde School Blog: [Don't Box Me In! A Teenage Guide to Labels](#)
- [Lennox Lodge Facebook Page](#)

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