

The Hyde Family Meeting

Schedule a day and time for a Family Meeting (example: Sunday evening @ 6:00PM)
Family meetings are sacred: everyone attends.

Family Meeting

Clear the decks:

- At the beginning of the meeting, ask if there are any decks to be cleared.
- After someone clears the decks, there should be no response. It can always be talked about later, but for now it is important to listen and think about what the person is saying.

Check in:

- Family members will share something that is going well for them and something they are struggling with or working on.
- Then each person shares a SPECIFIC personal goal for the break.

Principles:

- Decide on family principles to be honored during the break.

For example:

Respect for myself & others.

Truth is our primary guide.

Don't lie, don't quit.

Everyone Contributes

Each family member acknowledges a job/chore or contribution they are making to keep the household running smoothly.

Plan Mandatory Fun

Each family member must go along and *have fun!*

EXAMPLES:

Family dinner - everyone helps to prepare/has a role.

Family outing (bowling, movie, dinner out)

Family game night (board game, Wii, pool or ping pong tournament)

END OF BREAK CHECK-IN:

Meet as a family, to evaluate the break. Some suggested questions:

RIGOR

How did each of us do with meeting our goals?

SYNERGY

Where were we at our best as a family?

CONSCIENCE

What can each of us do to make the next break more productive?