

401 Parent Project

2014-15

The 401 Parent Project, an option for Hyde parents in their third or fourth year, involves committing to an action that will help move you toward deep change. Usually this kind of risk leads us to a deeper understanding of our unique potential.

Choosing a project takes contemplation. Consider the 5 words (Curiosity, Courage, Concern, Leadership, Integrity) and the 5 principles (Destiny, Humility, Conscience, Truth, Brother's Keeper). Is there one area, represented by a word or principle, where you would like to make significant growth? Is there an area that you have avoided tackling?

This is an opportunity to take what you learn at Hyde and to apply it to your life outside of the Hyde community. How are you living out your commitment to your unique potential?

An important thing to remember is that whatever you choose to do, if it requires courage and humility on your part, then it will be meaningful. Listen to your conscience, be open to others and get ready to climb out on a limb. This year is not about going through the motions of what is comfortable, or just helping others; we need to continually help ourselves.

Talk to others as you develop your idea; HAPA and the FED team can be a useful resources. Your student may have good ideas for you as well.

Choose a project that is exciting for you. It should be tied to your hopes and dreams for yourself. Design a project that is not just challenging, but uncovers a deeper understanding of yourself.

Senior Project Assignment:

- Commit to an action, or series of actions, that will lead you toward deep change.
- Share your project idea (and why it is important to you) with your region.
- The project should be **completed** by Spring Family Weekend.
- Share with your family what you did and what you learned from your project.

Remember a time when you accomplished something that you were unsure you could do. It is exhilarating and empowering. Through these experiences we connect with our core, and we understand the power of courage and humility in our lives.

Examples of 401 Projects:

- Hike a portion of the Appalachian Trail.
- Bring "Biggest Job" workshop to your area.
- Take music lessons.
- Follow a creative path (painting, photography, dance) that culminates in a shared work.
- Take a challenging class.